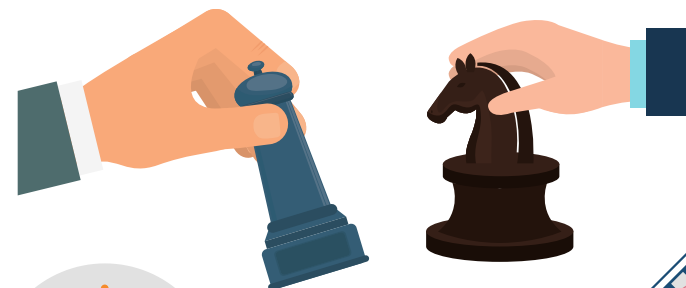
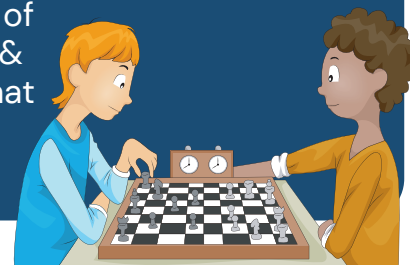


WHY Chess



Youth chess clubs gained a lot of popularity in the past 50 years or so as a fun and intellectually stimulating activity for kids that helps develop educational skills such as problem solving and critical thinking. We like to focus not only on the intellectual benefits of the game of chess, but the social & emotional benefits that come with a chess club as well.



INTELLECTUAL BENEFITS OF CHESS

Chess uses similar parts of the brain that learning a language does, exercising the mind's ability to adapt and learn new ways of processing information, planning, and communicating. Chess has been seen to promote:



SOCIAL AND EMOTIONAL BENEFITS OF CHESS

Chess clubs and teams also provide a community for students to learn and grow in new ways other than just their knowledge of the game. We especially like to encourage sportsmanship, teamwork, and community in players. The Social and Emotional benefits of this kind of program are:



- Improved cognitive development and information processing
- Long term problem solving
- Well-reasoned decision making
- Adaptive planning
- Spatial awareness and pattern recognition
- Planning and reacting simultaneously
- A love of learning and growth
- Improved test and reading scores

- Increased self-confidence
- Increased self-control
- Sportsmanship and respect for opponents and teammates
- Learning to lose and win with dignity and respect
- Learning to take responsibility for mistakes
- An ability to improve and build others up simultaneously
- A community where students can feel safe and recognized with like-minded peers
- Safe and fun socialization
- Connection with mentors and coaches who are invested in their students growth



If you want to learn more about the benefits of chess you can find a compilation of several scientific studies on chess and its effect on children's education and development [here](#).

